

Extinction Rebellion Retreat

REGISTRATION FORM

September 13th thru 15th, 2019

Starts Friday 5:00 pm

Ends Sunday at lunch

Optional Sunday afternoon strategy discussion

Rocky Mountain Ecodharma Retreat Center (RMERC)

8941 Overland Rd., Ward, CO 80481

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

The RMERC lodge has 5 Single Rooms, 1 Nook (semi-private mini-room) & 1 Single Room w/ a double bed; 6 Doubles (2 beds); 1 Triple (3 beds); Attic dorm with 3 floor mattresses; and 6 tent sites (tents not provided)

Please check your preference:

- | | |
|--------------------------------------|---|
| <input type="checkbox"/> Single Room | <input type="checkbox"/> Single w/ Double Bed |
| <input type="checkbox"/> Nook | <input type="checkbox"/> Double Room (2 Beds) |
| <input type="checkbox"/> Triple | <input type="checkbox"/> Attic Dorm |
| <input type="checkbox"/> Tent Site | |

We will arrange roommates depending on how many people register for which rooms. Please fill in the following if you are requesting a double, triple or dorm:

What gender do you identify as? _____

Roommate gender? _____

Requested roommate(s): _____

Retreat Experience

Is this your first meditation retreat? _____

Retreat Costs:

The estimated cost per person is \$130 for the weekend. While it takes money to run a retreat, our intention is that anyone who wants to attend can attend regardless of finances. There is some scholarship money available through RMERC that will help ensure no one is turned away for financial reasons. If you can afford to pay more than the estimated cost, especially if you are requesting a single room, that will help others who cannot afford the full amount. Please pay only what you can afford even if that amount is \$0.

Meals

All meals are included, starting with dinner on Friday evening and ending with a farewell lunch on the last day. Please thank Puja for feeding us while we practice.

Please list any food allergies or other dietary needs. We will try to work with you on dietary needs. In some cases, however, it may be necessary to bring your own food:

Service Dana

Please indicate if you would like to help with the following. We will contact you to coordinate these prior to the retreat.

- Retreat setup at 3 pm on Friday 9/13
- Cleanup after on Sunday 9/15
- Flowers

There will also be Yogi Jobs to help with during the retreat primarily in helping to prepare and cleanup after meals.

“Dana” in Buddhism is the practice of generosity. When you pay for the retreat or at the retreat you have the opportunity to donate money as well as service. This could be to help cover the costs of those who have less cash, expressing appreciation to the cook, or funding for XR. There is absolutely no obligation or recommended amount. It is simply a chance to explore your experience of giving as well as the experience of receiving from others in your life.

Concerns or Questions?

If you have any physical or psychological questions or concerns please call Lois VanderKooi, PsyD at 303-439-0407.

Registration Questions?

Contact Neil Allaire at 303-589-5381
or E-mail: nnjjaa@gmail.com

Email your registration to nnjjaa@gmail.com

Amount \$ _____

Please mark method of payment:

- Enclose a check payable to Neil Allaire or
- Pay via PayPal to nnjjaa@gmail.com

If you don't want to use PayPal email nnjjaa@gmail.com and we'll figure it out.

If you can't email your registration, mail it to:

XR Retreat
c/o Lois VanderKooi
710 Burbank St.
Broomfield, CO 80020

