

WEEKEND RETREAT (non-residential) January 2017

With international Dharma teacher from the U.S.

DAVID LOY

January 13 – 15, 2017 at Erin Hall, Rondebosch

PUBLIC DHARMA TALK (donation only): Friday 13 January 2017 at 7 pm

WHY BUDDHISM AND THE MODERN WORLD NEED EACH OTHER

RETREAT: DAY ONE Saturday 14 Jan, 9 for 9.30 am – 5 pm (fee TBA):

AWAKENING FROM THE ILLUSION OF OUR SEPARATION

Our usual sense of self is haunted by a sense of *lack*: “something is wrong with me”... “I’m not good enough”. Why do we never have enough money, fame, sex, etc.? Because we try to fill up our sense of lack with them – but it doesn’t work. The sense of self needs to be deconstructed and reconstructed, which the Buddhist path (among some others) shows us how to do. The karma teaching is about reconstructing the self by transforming our motivations. Contemplative practices deconstruct the self, helping us to “let go” and realize our true nature.

RETREAT: DAY TWO Sunday 15 Jan, 9 for 9.30 am – 4 pm (fee TBA):

BUDDHISM AND THE ECOLOGICAL CHALLENGE

The ecological crisis – which includes global warming but is much bigger than that – is the greatest challenge that humanity has ever faced. What does Buddhism offer, if anything, that can help us understand and respond appropriately? And what does ecological crisis mean for how we understand and practice Buddhism (or any spiritual path) today? Among other things, we will reflect together on the parallels between our perennial individual predicament (according to traditional Buddhism) and our collective predicament today in relation to the biosphere. What does this all imply about how we understand the bodhisattva path? What does it mean to be an “ecosattva”?

NB: Please bring your own packed lunch each day. Beverages and biscuits will be provided.



David Loy - David is from the U.S., a teacher in the Sanbo Zen tradition of Japanese Buddhism and a professor of Buddhist Studies. His articles appear regularly in journals such as *Tricycle* and *Buddhadharma*, and his latest book is *A New Buddhist Path: Enlightenment, evolution and ethics in the modern world*. David offers lectures, workshops and retreats nationally and internationally, focusing primarily on the encounter between Buddhism and modernity. He is especially concerned about social and ecological issues. David has taught before in South Africa, at UCT, and is looking forward to returning with his wife Linda. - Visit [David's website](#).